



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 60

Age 33, IT manager. Plays football and hockey, spectacles not practical.

Reason for visit – would like to try contact lenses again. Tried lenses 10 years ago, but never felt comfortable in them.

Last eye exam 8/12 ago, spectacles updated then. Happy with those though would like to be able to wear them less.

Would like lenses for sports and social wear at weekends and for occasional evenings. Happy to wear spectacles at work, though manages quite well with PC without

No ocular history, general health good, no medications, no allergies, non-smoker.

Hobbies hockey, football. Drives.

Keratometry:

RE 7.80 along 180; 7.75 along 90

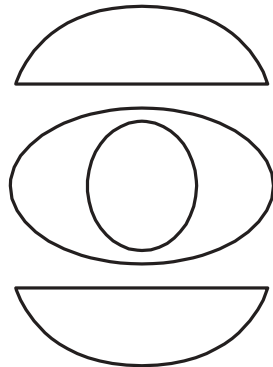
LE 7.85 along 180, 7.80 along 90. Mires clear.

HVID 11.5mm

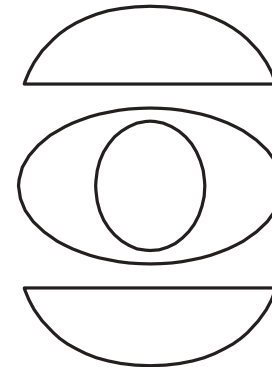
Current spectacles: CR39 S/V										
	Sph	Cyl	Axis	Prism	VA	Nr Add	Nr Prism	Nr VA	Int Add	Int VA
R	-2.00				6/5			N5		
L	-2.25	-0.25	180		6/5			N5		

External examination

Grade 1.5 blepharitis, grade 2.0 MGD



Grade 1.5 blepharitis, grade 2.0 MGD



Grade 0.5 limbal hyperaemia nasally R&L

No corneal staining R or L

tBUT 5 seconds R&L